



Interschool Athletics

Middle School

Fall: Girls Volleyball (JV, V)
Flag Football, Boys Soccer

Winter: Girls Basketball (JV, V)
Boys Basketball (JV, V)

Spring: Girls Soccer

Lower School

Aviators Rising – A program for 3rd/4th grade students who want to learn about and play more sports. The emphasis is on playing sports for fun while building the fundamentals that allow students to play at the next level.

Participation

During 2017/18 academic year 57% of our middle school students participated on at least one team, with many participating on several. All middle school students are encouraged to play on teams during their time at Ancona. We hope the variety in our program helps make this possible.

Team Accomplishments

Girls Volleyball: Varsity CAMS League Champs (2008), CAMS League Runners up (2009, 2010, 2012) JV CAMS League Champs (2010*perfect season), CAMS League Runners Up (2009, 2014), 3rd place finish (2008, 2012)

Flag Football: CAMS League Champs (2016, 2017), CAMS League 3rd place finish (2012, 2015), CAMS League Runners Up (2013, 2014)

Girls Basketball: Varsity CAMS League third place finish (2011) JV CAMS League Champs 2013, League Runners up (2010), 3rd place finishes (2011, 2012)

Boys Basketball: CAMS League Varsity Champions 2016, 2017 & 2018. Varsity CAMS League Runners up (2008, 2009, 2010, 2011, 2012, 2013) JV CAMS League Champs (2008, 2010), CAMS League Runners up (2009), CAMS 3rd place finish (2011, 2013)

Track & Field: CAMS 3rd place finish (2011), Boys CAMS League Champs (2012), Girls 3rd place finish (2012), Southside Track Invitational 3rd place finish (2012)

About Our Program

Ancona's interscholastic athletics program provides students with opportunities for personal growth, self-discipline, teamwork and fun outside of the school day. We invite all middle school students to participate in one or more athletic teams per year, and we enforce a *no-cut* policy to insure opportunity to all interested students regardless of skill level or past experience. Our coaches provide a nurturing environment where athletes work hard and focus on skill development, knowledge and rules of the sport and strategy. We belong to the Chicago Area Middle Schools League (C.A.M.S.) along with The British School, Catherine Cook, Lycee Francais, Near North Montessori, St. Sylvester, Anshe Emet, Chicago City Day, and The Waldorf School. In addition, we host and attend contests with public and private schools outside of our league.

In the spirit of the game, we are committed to promoting the highest ideals of ethical conduct and fair play. We support high standards of good citizenship and propriety along with regard for the rights of others. Our goal is to develop confident, enthusiastic and disciplined athletes who understand the value of teamwork and the importance of sportsmanship.

Our Playing Policy

Along with our no-cut policy, we want every team member to experience playing in our interscholastic contests. We want to emphasize, however, that athletic participation is a privilege extended to student athletes who accept the responsibilities of team membership outlined below. Playing time is at the discretion of the coaching staff and the Athletic Director and is based on the following responsibilities of our athletes:

- Being prepared and on-time for *all* practices and contests;
- Giving one's personal best both on and off the court or field;
- Maintaining a positive attitude;
- Demonstrating sportsmanship in victory or defeat;
- Being receptive to coaching; and

- Being a citizen in good standing in the school.

Every athlete who fulfills these responsibilities can expect to play in interscholastic contests.

In the event an athlete is unwilling or unable to meet these responsibilities, s/he may be suspended from practice, contests or dismissed from the team for the remainder of the season.

Our Requirements

Only athletes who submit the following completed and signed forms may participate in practices and contests. All forms must be on file before the first practice date of the season.

- A completed permission form, with parent's signature.
- A current *athletic* physical exam on file, including the Medical Restrictions Form. Medical restrictions that develop in the course of a season should be communicated to the coach and a form completed.
- A signed copy of the athletic code of conduct.

Our Expectations

For student athletes:

- Athletes are expected to attend all practice sessions and contests dressed in appropriate *clothing and footwear* for participation in their selected activity. *Athletes must notify coaches of absences in advance.*
- Athletes are financially responsible for all school equipment furnished to them. The student's family will be billed for any items not returned within two weeks of the end of a season.
- Athletes will avoid actions that are detrimental to the unity of the team. While Ancona celebrates individual expression and encourages students to think for themselves, players in a group environment must put the team first and accept their role on the team.
- Athletes will be respectful of all coaches, officials, opponents, other spectators

- and teammates in victory and defeat. Please use appropriate cheering and refrain from sideline coaching as it distracts and confuses the athletes.
- Homework schedules and healthy sleeping and eating patterns are the responsibility of the athlete.

For parents, guardians and guests:

- Parents, guardians and guests will be respectful of all coaches, officials, opponents, other spectators and players in victory and defeat. *Please use appropriate cheering.*
- Parents, guardian and guests must refrain from sideline coaching as it distracts and confuses athletes.
- All concerns regarding team play, practice or our league play must be directed to Ancona's Athletic Director. The Athletic Director is the only representative of Ancona authorized to communicate with the league.

Uniforms

Uniforms must be returned within two weeks of the end of season. Parents will be invoiced for uniforms not returned within that time frame. Once invoices have been sent out uniforms may not be returned.



Ancona Athletic Permission

We have read The Ancona Athletic overview, policy and expectations. We understand and agree to uphold these policies and expectations. We certify that our child is physically qualified to participate in interscholastic sports at Ancona. We recognize there are inherent risks involved in athletics and understand parents are responsible for any medical costs incurred.

Parent's Signature

Date

Student's Signature

Date

Name of student: _____

Name of Physician: _____

Date of last Physical Examination: _____

Is this student cleared to play organized sports: YES NO



Ancona Athlete Code of Conduct

As a student athlete, I understand and accept the following responsibilities:

I will display high standards of social behavior and sportsmanship

I will display proper respect for those in authority including teachers, coaches and officials at all times

I will use language that is socially acceptable (profanity and vulgar talk will not be tolerated on or off the playing surface)

I will respect the rights and beliefs of others and will treat others with courtesy and consideration

I will strive to do my best

I will be fully responsible for my own actions and the consequences of my actions

I will respect the property/equipment of the school and schools my team visits

I will respect and obey the rules of my school and show respect to those who are responsible for administering them

I understand that a student whose character or conduct violates the school's student/athlete Code of Responsibility is not in good standing and is ineligible for a period of time as determined by the coaching staff, athletic director and head of school

Student's Signature

Date